



TO BERKELEY AND BEYOND!

POINT REYES NATIONAL SEASHORE, SAN FRANCISCO AND YOSEMITE NATIONAL PARK

MONDAY 18 APRIL TO SATURDAY 30 APRIL 2016

NICHOLAS AND LOUISE FRIEND

From a perch high up in the Berkeley hills, you can rest your arms on the sun-bleached rail of a garden gate and gaze down between two brown-shingled houses. Your eyes soar over miles of rooftops, vine-tangled gardens, and silent traffic, past intermittent tree trunks as wide as cars, before arriving at a sumptuous sunset covering the entire San Francisco Bay horizon. Straight ahead, the triumphant goalposts of the Golden Gate Bridge appear almost an apparition beside the fairytale towers of San Francisco rising above quite another idea of civilisation. Travelling north beyond the bridge, past the vertiginous slopes of Mount Tamalpais, lie the lands, beaches, and cliffs of coastal west Marin. Offering a rare kind of spiritual refreshment, this rugged coastal edge includes the most exquisite coastal preservation achievement in the world, the Point Reyes National Seashore. Pivoting completely around to face east, you can imagine the entire continental United States stretching invisibly towards a sun poised to rise again.

The spirit of Berkeley's vast and verdant hillside garden resides also in its many homes constructed of redwood and shingle, 'the colour of brown beer, of brown bread, of tobacco, a dog's eyes, a fallen leaf,' as Michael Chabon eloquently writes. These iconic houses offer the perfect balance between human habitation and nature. The gifts of early 20c architects most familiar with Ruskinian ideas and ideals translated into a distinct Berkeley dialect, they stand as early monuments to unspoken agreement amongst neighbours about how a good life could be lived; a life not in pursuit of material wealth, but a life of determination to maintain an environment in which the creations and ideas of men and women could exist for the good of all, humans and fellow creatures large and small.

Berkeley has flourished as nowhere else in the world- a place of peaceful revolutions in fine arts, artisanal arts and crafts, literature, education, science, criminal justice, child welfare, conservation, civic, culinary and creative enterprise. From its earliest years of settlement Berkeley has pioneered much of what is best in America. Though often maligned, seen as Berzerkeley for its live and let live attitude, its strong sense of social justice, its emphatic emphasis on food, wine and body, Berkeley has actually pioneered much that is best in America. As context for understanding the unique spirit of Berkeley we explore other bay area landscapes, seascapes and their communities in neighbouring Marin, San Francisco and beyond to Yosemite in Central California. Each will be seen as sources of empowerment to the particular and rare conscience of Berkeley.

COST £4250 members, £4300 non-members, single room supplement £400, £300 deposit, includes flights London-San Francisco-London, 11 nights accommodation, all breakfasts, five dinners with wine, five lunches, winetasting, all lectures by Nicholas Friend and local academics, all entrance fees, all private visits, all private coach travel during the tour, all gratuities, VAT.

MONDAY 18 APRIL Point Reyes National Seashore, Northern California

- 8:30am Meet Nicholas Friend at Heathrow
- 2:35pm Arrive San Francisco Airport, transfer to Point Reyes National Seashore Park, Marin County
- 5:30pm Arrive Point Reyes Seashore Lodge for check in
- 6:30pm Group dinner at The Farmhouse in the Lodge

TUESDAY 19 APRIL Point Reyes National Seashore, West Marin County

- 09:00 Hotel lecture by Naturalist "Point Reyes, California's National Treasure"
- 10:00 "Highlights and Habitats of Point Reyes" private park tour
- 12:00 Gourmet Picnic lunch
- 4:00 Return to hotel for rest
- 6:00 Group Dinner at Osteria Stellina, Point Reyes Station

WEDNESDAY 20 APRIL Point Reyes Station, Petaluma, and Bolinas

- 09:00 Hotel lecture by NF " West Marin: San Francisco's Cornucopia"
- 10:30 Bovine Bakery, Pt Reyes Station for coffee
- 11:00 Point Reyes Station walkabout and shopping at the Palace Market
- 12:00 Petaluma for Lagunitas Brewery
- 1:00 Marin French Cheese Company for cheese tasting, and picnic lunch
- 2:00 Leave for Bolinas
- 2:45 Walkabout in Bolinas, Bolinas Museum private visit and curatorial talk
- 4:15 Return to Lodge and rest
- 6:30 Group Dinner Sir and Star restaurant, Olema
- 8:30 Optional evening informal lecture: 'The Music and Musicians of Marin'

THURSDAY 21 APRIL Berkeley via Mount Tam, Muir Woods, San Francisco, Berkeley

- 08:30 Checkout Point Reyes Seashore Lodge
- 08:45 Leave for Mount Tam
- 09:30 Arrive Mount Tam for best view of the SF Bay Area and Mount Tam Poets
- 10:15 Leave for Muir Woods
- 11:00 Muir Woods guided Trail with Ranger
- 12:45 Leave for lunch at Mountain Home Inn on Panoramic Hwy Mill Valley
- 1:00 Lunch
- 2:00 Leave for Berkeley via Golden Gate Bridge to San Francisco Swedenborgian Church
- 3:00 Arrive Swedenborgian church
- 3:30 Leave Swedenborgian church for Berkeley via Vallejo Street
- 5:00 Arrive Berkeley City Club for check-in
- 7:00 Group Dinner at Julia's in Berkeley City Club

FRIDAY 22 APRIL Campus, Tilden Park, and Cyclotron

- 09:00 Lecture in Hotel "The History and Architecture of UC Berkeley"
- 10:00 Leave hotel for Campus Walk
- 12:30 Lunch at the Faculty Club
- 1:30 Wurster Hall to visit Environmental Design (Architecture etc.) Archives
- 2:30 Hearst Greek Theatre
- 3:15 Berkeley Botanical Garden tour
- 4:15 Leave via Julia Morgan Hall, Carousel, and Lawrence Hall of Science and Cyclotron
- 5:30 Friends' Cottage for drinks and Cheeseboard Collective Pizza party

SATURDAY 23 APRIL Northside/Gourmet Ghetto

- 09:00 Leave for Northside
- 10:00 Edible Excursion tour of Gourmet Ghetto
- 1:15 Hillside Club for lecture "The Hillside Club and the Meaning of Civilisation"
- 3:00 Walk to the Rose Garden
- 5:00 Tea at Friends' Cottage
- 7:00 Optional dinner at Chez Panisse Cafe or return to Hotel by Lyft

SUNDAY 24 APRIL Southside/Telegraph Avenue

- 09:30 Lecture on Bernard Maybeck & His Legacy
- 10:30 South of Campus Neighbourhood Architectural Walk to First Church of Christ Scientist
- 11:30 First Church of Christ Scientist
- 12:30 Group Lunch at Le Bateau Ivre
- 2:00 Minibus to City of Berkeley Historic District
- 5:00 Return to Hotel
- 7:00 Optional Dinner at Chez Panisse Café

MONDAY 25 APRIL Central Berkeley

- 09:00 Nicholas Friend Lecture on Berkeley in the 60's and 70's, Creative & Culinary Ferment
- 10:00 Coffee
- 10:30 Walk to the Berkeley Art Museum
- 12.30 Group lunch in Museum Cafe
- 2:00 Minibus to Edible Schoolyard, artisan studios on 4th Street, and Algarden
- 4:00 Return to Hotel
- 6:00 Starry Plough for dinner Irish music and dancing

TUESDAY 26 APRIL The New Deal San Francisco

- 09:00 Dr Gray Brechin lecture on Roosevelt's New Deal and WPA in Berkeley and San Francisco
- 10:00 Coffee
- 10:30 Leave for San Francisco Art Institute via Berkeley Post Office
- 12:00 Arrive San Francisco Art Institute for Diego Rivera murals
- 1:00 Group Lunch
- 2:30 Leave for Bergruen Gallery for Bay Area Painters
- 4:00 Leave for Coit Tower, (1934) on Telegraph Hill
- 4:15 Arrive Coit Tower
- 5:00 Leave Coit Tower down the Filbert Steps for cottages and wild parrots
- 6:00 Early dinner at Fog City Diner

WEDNESDAY 27 APRIL Yosemite

- 09:00 Leave for Sonora in Goldrush country
- 12: 00 Lunch in Sonora
- 2:00 Leave Sonora for Tenaya Lodge
- 4:30 Arrive Tenaya Lodge, check in
- 6:30 Dinner in the Lodge at the Sierra Restaurant

THURSDAY 28 APRIL Yosemite

- 09:00 Nicholas Friend lecture "Yosemite Champions: John Muir to Carleton Watkins and Ansel Adams"
- 10:00 Leave for Yosemite Museum
- 11:00 Yosemite Museum
- 12:00 Yosemite Valley via El Capitan and Cathedral Rocks
- 1:30 Lunch
- 2:30 Drive back via El Portal
- 4:30 Arrive Tenaya Lodge
- 6:30 Group dinner in the Lodge

FRIDAY 29 APRIL Yosemite check out

- 09:00 Leave for Murphys in Sierra Foothills wine region
- 12:00 Hovey Winery
- 12:30 Lunch at historic Murphys Hotel
- 2:00 Leave for San Francisco International Airport
- 4:30 Arrive airport
- 7:15 Depart for London

SATURDAY 30 APRIL

- 2:15 Afternoon arrival in London



POINT REYES SEASHORE LODGE
Olema, California



BERKELEY CITY CLUB
Berkeley, California



TENAYA LODGE
Yosemite National Park